

# **THE EDEN ENERGY MEDICINE CERTIFICATION PROGRAM**

## **YEAR 1 FOUNDATIONS CLASSES - CONNECTICUT**

**Sponsored by an Approved Faculty Member**

**Donna E. Kemper, EDEN ENERGY MEDICINE PRACTITIONER/INSTRUCTOR**

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88 Bradley Road, Suite 1  
Woodbridge, CT 06525  
Starting June 6 - June 9, 2013

The Eden Energy Medicine Foundations Classes in Connecticut is the 1st year of a two-year program designed for those people desiring in-depth coursework and supervision in Donna Eden's style of Energy Medicine ([www.innersource.net](http://www.innersource.net)). The goal of the program is to help students of Eden Energy Medicine obtain a firm foundation in the body of work Donna Eden has created over the past 30 years, and to develop the skill levels necessary to begin using these techniques regularly in life, either with oneself, family and friends, or in a professional practice.

Successful completion of the four Foundations Classes in Connecticut will give students the option of applying those classes toward the two-year Eden Energy Medicine Certification Program, held in Phoenix, Arizona. Students may enter the EEMCP in Phoenix after completing the four Foundations Classes. At the end of the one-year Foundations Classes, students will receive a certificate stating they have completed the Foundations Program in Eden Energy Medicine, but this should not be construed as a certification in Eden Energy Medicine, as that requires the completion of the two-year program.

The main purpose of this class is educational and will include lecture, small group time for practice, as well as question and answers. The class is designed to provide you with skills for working with the body's energies to promote physical and emotional well-being. This can be an intense experience, and doing energy work in a large group can be taxing, so if you are not in good health, we ask you to take this into account before registering. The class itself is a rigorous, large-group training event, and we ask you to set your expectations accordingly. If your primary need is in pursuing a healing experience, we encourage you to contact one of the trained practitioners listed on Donna Eden's website: ([www.innersource.net/energy\\_medicine/practitioners\\_trained\\_em.htm](http://www.innersource.net/energy_medicine/practitioners_trained_em.htm)) and work with them directly.

The Foundations Classes in Connecticut will be taught by Donna Kemper, a faculty member from the two-year Certification Program since the program began in 2005. She will be assisted by graduates of the program.

The following information and registration procedures apply only to the Foundations Classes in Connecticut.

**When:** Every quarter for one year. The four classes must be taken in sequence. Each of the preceding classes is prerequisite for those following. There are options available if you cannot make all the classes, and they are listed under the Withdrawal Policy.

**2013/2014:**

June 6 – June 9, 2013

August 22 - August 25, 2013

October 31 – November 3, 2013

January 9 – January 12, 2014

**Doors open ½ hour before start time and all classes will start PROMPTLY.**

**Classes begin at 6:00 p.m and end at 9:00 p.m. on Thursday.**

**Classes start at 9:00 a.m and end at 6:00 p.m. Friday through Sunday.**

**Because this is a certification program and monitored by a certification board, you are expected to be present for the full class time.**

There will be breaks and time off for lunch. This schedule may vary slightly if unforeseen needs arise.

**Where:** Courtyard Marriott, Orange, CT

**Tuition:** The annual tuition of \$3980 can be paid in advance or students can make payments of \$995 on a per class basis. The tuition covers all of the class materials, conference space, faculty, and continued supervision for the duration of the program. You will be entitled to up to one hour of supervision time per quarter. The cost of tuition is guaranteed for the current year.

**Meals and lodging are at the student's expense.**

Anyone who has already completed any of the Foundations Classes can audit any class for \$497.50 which is half off the regular tuition. Please make checks payable to: Donna Kemper. A \$300 non-refundable deposit, to be applied to Class 4, holds your place.

**Accommodations:** Courtyard by Marriott in Orange, CT. A block of rooms at a special reduced rate of \$99 for a single per night and \$109 per night for a double will be available.

**PROGRAM REQUIREMENTS:** Students wishing to become proficient in the basics of Eden Energy Medicine must complete a written and a demonstration exam for each of the four classes.

**NOTE: The written test is a take-home, open-book exam and you have 3 weeks following the class to complete it. The demonstration exam must be completed within 6 weeks of the end of class and often you are permitted to access handouts during the test. The fee for the tests is included in your tuition. A late fee of \$100 will be charged if tests are not submitted by the due date, no exceptions other than extreme circumstances.**

Students have two options to complete their demos. They can:

1. Use Skype via computer in a pre-scheduled session with Donna Kemper.
2. Present their demo in a pre-scheduled live session with Donna Kemper.

**Full attendance is required at all classes to receive certification.**

**Audit Track:** This track is for Eden Energy Medicine Certified Practitioners who have successfully completed all requirements of the EEMCP including their graduation demo.

These students will have an opportunity to review information that is foundational to the practice of energy medicine within a group environment and experience a different teaching style. No testing or demonstrations will be required. This option does not include any supervision or mentoring time following this class.

### **PREREQUISITES:**

There are no prerequisites for these classes other than an open mind and a desire to learn! However you will be required to purchase certain reading materials and dvd's which are available through the Innersource website.

**Eden Energy Medicine Certification Program (EEMCP):** If you are interested in applying your year in the Foundations Classes in Orange, CT towards becoming certified in Eden Energy Medicine, there are several items to consider.

1. The Year 1 Foundations Classes is designed for students interested in applying Energy Medicine to themselves, friends, and family. Students who complete Year 1 will receive a Certificate of Completion. There will not be a title associated with the certificate and students will not be listed on the Innersource website as an EEM Practitioner. Students are eligible to attend Year 2 of the EEMCP program within two years following completion of Year 1.

If students who complete Year 1 also complete Year 2 of the Certification Program, they will be entitled to use the title Eden Energy Medicine Certified Practitioner (EEM-CP) and be listed on the Innersource website as such. The Year 2 EEM Certification Program is recommended for students who plan on applying the energy methods professionally or who want to heighten their proficiency. The requirements for each program are outlined on Innersource's [website](#).

2. Both the Year 1 Foundations Classes and the Year 2 Certification Program require you to complete a take home, open book test after each quarter and do a live or Skype demonstration of the material learned.
3. All students must pay a \$300.00 non-refundable deposit (submitted to Donna Kemper), along with their registration form for the Foundations Classes. This deposit will be applied to your Class 4 tuition.
4. Before taking Certification classes in Phoenix, please read the guidelines from Innersource that outline the steps you need to take in order to become registered:  
<http://www.innersource.net/em/classes/certification-programs/certprogram.html>

## Continuing Education:

Year 1: Innersource is approved by the following organizations for Continuing Education credits for all classes that fall under the [Eden Energy Medicine Foundations Classes](#).

### California Board of Behavioral Sciences (CA BBS)

- 26 CE Credits per class
- Cost \$50
- Innersource is an approved to offer continuing education for MFT, LPCC, LEP, and LCSW licensure requirements in California (PCE 5055).

### National Certification Board for Therapeutic Massage and Bodywork (NCBTMB)

- 26 Contact Hours (CHs) per class
- Cost \$50
- Innersource is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider. (Provider number: 450052-06)

### Southern Oregon University (SOU)

- 10.4 Continuing Education Units (CEUs) per class
- Cost \$50

Year 2: If you register for the Year 2 Eden Energy Medicine Certification Program, CEs will be provided upon completion of all Year 2 classes in Phoenix. The following CEs are available:

Innersource is approved by the following organizations for Continuing Education credits for all classes that fall under the [Eden Energy Medicine Certification Program](#).

### American Holistic Nurses Association (AHNA)

- 243 Nursing Contact Hours (CH's) to be awarded upon completion of the eight class course.
- Cost \$50
- This activity has been submitted to the American Holistic Nurses Association (AHNA) for approval to award contact hours. AHNA is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.
- Approval for contact hours through the AHNA is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.
- To view the requirements for successfully completing this program in order to receive CNEs, the purpose statement, and the educational materials used in this program, please visit the [Innersource website](http://innersource.net/em/54-trainingandevents/certification/903-cne-requirements.html): <http://innersource.net/em/54-trainingandevents/certification/903-cne-requirements.html>.

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- 26 CE Credits per class

- Cost \$50
- Innersource is an approved to offer continuing education for MFT, LPCC, LEP, and LCSW licensure requirements in California (PCE 5055).

### National Certification Board for Therapeutic Massage and Bodywork (NCBTMB)

- 26 Contact Hours (CHs) per class
- Cost \$50
- Innersource is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider. (Provider number: 450052-06)

### Southern Oregon University (SOU)

- 10.4 Continuing Education Units (CEUs) upon completion of the Foundations Year
- Cost \$50

If you have any questions as to whether or not your professional continuing education requirements can be met through completion of this program, contact your professional licensing organization or state professions' bureau for a final decision.

**Class Materials:** All students must purchase the following class materials BEFORE Class 1 starts:

*Energy Medicine* book

*Energies of Love* DVD (not required if they attended this "live" class with Donna and David)

*Ethics Handbook for Energy Healing Practitioners*

*The Nine Energy Systems* DVD

We request that you bring your *Ethics Handbook for Energy Healing Practitioners* and *Energy Medicine* book for reference at each class.

Please order these materials online

at <http://www.theinnersourcestore.com/energy-medicine-4/>.

### Registration Procedures:

Please fill out and send in the attached registration form, along with the \$300 deposit for the class to Donna Kemper. You will be notified via email that you are registered. Early registration is suggested as space will be limited.

**Questions or Need More Information?** Contact Donna Kemper  
[donnakemper@gmail.com](mailto:donnakemper@gmail.com) (203) 387-0750

**THE EDEN ENERGY MEDICINE**  
**YEAR 1 FOUNDATIONS CLASSES: CONNECTICUT**  
**REGISTRATION FORM**

**Sponsored by:**  
**DONNA E. KEMPER**  
**Faculty Member of Eden Energy Medicine Certification Program**

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Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Email \_\_\_\_\_ Birth date (mo,day,yr) \_\_\_\_\_  
How did you hear about the program? \_\_\_\_\_  
Profession? \_\_\_\_\_

A student roster will be available with Name, Phone & Email:  Do Not Include Me

To register prior to March 25, 2012, complete the registration form and send \$300 non-refundable deposit (to be applied to Class 4). After March 25th, send full payment of \$1295 for the first class, to reserve your space. Please make checks to Donna Kemper and mail to: 88 Bradley Road Suite 1, Woodbridge CT 06525.

**OPTIONS:** Please select which box best fits your intention. (This is not binding - students may change their mind. This is meant to help with Innersource's planning only.)

- My intention is to enroll in the Year 2 EEM Certification Program  
 My intention is to attend the Year 1 EEM Foundations Classes only  
 I would like to audit the following classes: 1  2  3  4   
 I will be applying for CEs (\$50.00 to be paid when registering at Class 1)

**PROGRAM COSTS**

**Tuition: Full amount for Year 1 Foundations Classes** **\$3980.00**

**Note: You pay a \$300 non-refundable deposit when you register. It is applied to your Class 4 tuition. See payment schedule below.**

**Class 1: \$995.00 + \$300.00 due by March 15, 2013**  
**Class 2: \$995.00 due by June 30, 2013**  
**Class 3: \$995.00 due by August 31, 2013**  
**Class 4: \$695.00 \*\* due by December 1, 2013**

**Meals:** Snacks, tea and coffee will be available. Lunch and dinner are on your own.  
A list of local restaurants will be provided.

**Book and DVD Requirements:**

All students must have (or have purchased) the following before Class 1.

- *Energy Medicine* book (preferably the 2008 version)
- *Energies of Love DVD* (not required if you've attended this class "live" with Donna & David)
- *Ethics Handbook for Energy Healing Practitioners* ALL

All books and DVD's are available through the Innersource website

## Payment Option

Please check which of the below payment options you plan on using for your tuition.

Check Enclosed, payable to Donna Kemper:

Check #: \_\_\_\_\_

If paying before each class, the other due dates are:  
6/30/13, 8/31/13, 12/1/13

**Tuition Cost** (Check one)

### Deposit

\$300 non-refundable deposit required with registration form.

\$3,980 for the four quarters

\$2,290 for first ½ of the year

\$1295 for class 1

\$50 for each type of CE

\$ \_\_\_\_\_ Amount from above

\$ \_\_\_\_\_ Check #

\$ \_\_\_\_\_ **Class 1 Balance Due by March 15, 2013**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### By my signature, I affirm that I have:

- 1) *read and understand the Eden Energy Medicine Foundations Classes – CT 2013/2014 Information Form, including class dates, due dates for 1) payment and 2) competency tests (written and live/Skype demo), and associated late fee policy.*
- 2) *read and agree to the withdrawal policy, missed class policy, and release agreement included with the Registration Form.*
- 3) *I understand that by registering for the Foundations Classes-Connecticut, I am agreeing to attend the entire one-year program and will pay for it according to the withdrawal policy on the last page of this form.*

I also understand I must adhere to all the Innersource requirements and send Donna Kemper the \$300 non-refundable Registration fee, to be applied to Class 4.

Please mail to: Donna Kemper 88 Bradley Rd Suite 1 Woodbridge, CT 06525  
CONTACT INFORMATION: [donnakemper@gmail.com](mailto:donnakemper@gmail.com) (203) 387-0750

# Eden Energy Medicine

## Regional Entry Program: Connecticut WITHDRAWAL POLICY

### **Prior to Class 1:**

Students who withdraw from the program before 60 days prior to the start of Class 1 will receive a full refund, less a \$25 administrative fee. For withdrawals between 30 and 60 days prior to the start of Class 1, all \$300 will **NOT** be refunded. Full payment for the first class is due on March 15, 2013. Due to limited space and other commitments we have to make well in advance in planning such events, no refunds can be made for withdrawals received within 30 days of the start of Class 1.

It is the students' responsibility to make up any class with another Foundations teacher if they are unable to attend Donna Kemper's class. If they fail to attend any of the four classes of the Foundations Classes, it is the student's responsibility to arrange for extra help, at their expense, to catch up. Every effort will be made to work with the student, including offering options such as review classes and private tutorials, at the student's expense. A list of other Foundations Classes throughout the country can be found at: <http://innersource.net>

### **For withdrawals that occur from Class 2 forward:**

If you withdraw from the program within thirty days before the start of class 2, 3, or 4, you will receive a 50% refund on any monies you have paid toward that particular class and a 100% of money for classes thereafter. If you just miss a class, but intend on completing the one-year program, you are still responsible for the full tuition for the class missed. Your tuition will still give you access to the instructor for questions on the material as well as handouts and continued participation in the Eden Energy Medicine Certification Program.

Withdrawals must be received in writing or by e-mail ([donnakemper@gmail.com](mailto:donnakemper@gmail.com)) and will be promptly acknowledged once received. In the case of emergencies (death or injury) or catastrophic (natural or accidental) events, you may contact Donna Kemper to discuss your options.

## **MISSED CLASS POLICY**

It is your responsibility as a student to make up all work and instruction you miss if you fail to attend any of the four classes in this Foundations Classes. Every effort will be made to work with you, including options such as review classes and private tutorials, at the student's expense. You may also watch a DVD of the missed class (filmed in Phoenix). The DVD is purchased from Innersource. You could also attend that class at another Foundations Classes location. A list of those classes can be found on the Innersource website: <http://innersource.net/em/foundations-home.html>. If you attend a class elsewhere, you may return to your original Foundations Classes location for the next class. Please discuss your options with your Foundations teacher.

## **FOUNDATIONS CLASSES RELEASE AGREEMENT**

I understand that Energy Medicine is an innovative approach to health care, which is only beginning to be investigated scientifically. I further understand that the training in Energy Medicine and other services I am or may be receiving from Innersource or Donna Kemper do not substitute for diagnosis and/or treatment from a qualified health practitioner for illnesses, injuries, or other medical conditions.

I understand that some classes are videotaped, that these tapes may be distributed for educational purposes, and I give my permission for my participation to appear on these tapes.



*Innersource reserves the right, at its discretion and without explanation, to ask a student to leave an Eden Energy Medicine Certification Program Year 1 class, to terminate a student from the Year 1 of the EEM Certification Program, or to not complete a student from the Year 1 of the EEM Certification Program based on failure to meet the academic, behavioral, professional, or ethical standards of the program as determined by Innersource staff. Any refunds will be fairly determined, again at the discretion of Innersource staff, on a case-by-case basis.*

I also understand that any activity in which a person might participate involves some risk. In consideration of being permitted to enroll for the instructional and other services offered through Donna Kemper/Innersource, I release and hold Donna Kemper/Innersource, its agents, officers, employees, directors, successors, and affiliated corporations harmless from any claims arising out of my participation in the instructional or other services offered by Donna Kemper/Innersource or the use of facilities and/or equipment it provides.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

**Please keep this information handy so you can refer back to it  
once we get closer to the class dates.**

**Eden Energy Medicine**  
**Foundations Classes Curriculum**  
**Year 1 Classes 1 – 4**

(NOTE: the placement of the topics is subject to change)

**Class 1: Energy and Energy Testing, Introduction to Meridians**

**Basic Curriculum**

- ◆ The Nine Primary Energy Systems
- ◆ The Principles of Energy Medicine
- ◆ Energy testing
- ◆ Grounding
- ◆ Surrogate testing
- ◆ Intro to Meridians
- ◆ Meridian Flow Wheel
- ◆ Tracing and flushing meridians
- ◆ Daily Energy Routine
- ◆ Brazilian Toe Technique
- ◆ Quickie Energy Balancer
- ◆ Acupressure Strengthening and Sedating Points

**Class 2 – Beginning Meridians**

**Basic Curriculum**

- ◆ Muscle Meridian Energy Tests: Spleen, Circulation Sex, Kidney, Triple Warmer, Gall Bladder, Liver, Lung and Large Intestine
- ◆ Beginning Substance Testing Protocol
- ◆ Neurolymphatic Reflex Points
- ◆ Neurovascular Points
- ◆ Black Pearl Sanctuary Technique with Quickie Energy Balancing
- ◆ Alarm Points
- ◆ Three Point Technique
- ◆ Triple Warmer and Spleen
- ◆ Irregular Energy in Acupressure Points
- ◆ EEM for Eyes
- ◆ Meridian Energy Tracker

## **Class 3 – Grounding, Pain, Pulses, Source Points, Auric Field, Intro to 5 Rhythms**

### **Basic Curriculum**

- ◆ Last six of 14 muscle-based energy tests: Stomach, Heart, Small Intestine, Bladder, Central and Governing
- ◆ Pulse tests
- ◆ Self Testing
- ◆ Pain Protocols
- ◆ The Aura
- ◆ Intro to Five Rhythms/Elements/Seasons model and theory (w/graphic correlating the three)
- ◆ Introduction to Ethics and Ethics Case
- ◆ Introduction to Magnets
- ◆ Vivaxis

## **Class 4 – Chakras, Radiant Circuits, Sensory Types**

### **Basic Curriculum**

- ◆ Chakras
- ◆ Radiant Circuits
- ◆ Sensory Types
- ◆ Electrics
- ◆ Ethics Case